



**Know
Stroke**

Stroke Risk Assessment and Education

Offered by Albemarle Hospital's Stroke Risk Identification Program*

This FREE program includes:

- Stroke Risk Assessment, including: vital signs; BMI (body mass index) measurement; cholesterol check (total, LDL, HDL, and triglycerides); blood sugar check; and carotid bruit (an examination of the carotid artery, listening for sound caused by blockage)
- Education on risk factor reduction and stroke prevention
- Referrals to primary care providers if risk factors are identified

**For more information, please contact Tanya Miller, RN, at 384-4414,
or e-mail her at tmiller@albemarlehealth.org**

** This program is provided free of charge with assistance from the Kate B. Reynolds Health Care Grant. Some restrictions apply.*