

DESCRIPTION

This annual conference highlights evidence based care for individuals who are at risk for or have experienced a stroke. This years presentations highlight interdisciplinary practice and variations in settings where stroke treatment occurs and outcomes are determined. Care delivery and transition from pre-hospital through recovery is of particular significance.

TARGET AUDIENCE

Physicians, Nurse Practitioners, Nurses, Physical Therapists, Occupational Therapists, Pharmacists, Speech Therapists, Recreation Therapists, Emergency Medical Service personnel and others who comprise the interdisciplinary team needed to provide a comprehensive continuum of care to stroke patients.

OBJECTIVES

Stroke Rehab Reimbursement Update • Describe current reimbursement patterns • Discuss potential changes in reimbursement

Transitions of Care: Communication and System Process Changes • Identify the barriers & gaps with transitions of care and how they affect readmissions • Assess current performance measures and their impact in process change • Discuss Integrated Models of Care and Bi-Directional Communication • Review tools & resources available for improving communication

Bridging the Divide: EMS and Hospitals Working Together • Review the EMS Data Systems in NC • Discuss the EMS Stroke Toolkit and its use in EMS performance improvement • Explore the link between the stroke toolkit and the NC stroke care collaborative • Describe the stroke triage destination plan for EMS

Concurrent Session I A

EMS Toolkit • Discuss the process by which the EMS toolkits were created • Discuss the EMS Stroke Toolkit and its use in EMS performance improvement • Review the current usage of the EMS Stroke Toolkit in North Carolina • Explore ways in which the EMS Stroke Toolkit can be used by hospitals to engage EMS in discussions about stroke care

Concurrent Session I B

Post Emergency Medication Update for Ischemic Stroke • Define treatment goals for post emergency drug therapy • Review treatment recommendations for blood pressure control post emergency • Discuss Pharmacotherapy for secondary prevention of ischemic stroke

Concurrent Session II A

Endovascular Treatments for Stroke • Discuss the role for endovascular treatment in the acute stroke setting • Analyze the criteria for the endovascular treatment of symptomatic intracranial stenosis • Explain the criteria for Carotid Stenting versus Carotid Endarterectomy for extracranial carotid stenosis

Concurrent Session II B

Improving Stability and Reducing Risk of Falls after Stroke • Discuss the problem of falls and fall-related injuries in people who are post stroke • Identify stroke-related impairments that contribute to falls • Describe interventions to decrease risk of falls and fall-related injuries • Discuss clinical outcome measures of balance/ stability that are appropriate for the post-stroke population

Telemedicine in Neurological Emergencies • Review the American Stroke Association's scientific statements on telemedicine • Discuss the literature in large studies on the use of telemedicine to treat neurological emergencies

Stroke Survivors Panel • Describe the personal implications of stroke • Discuss strategies health care providers can implement to improve care

FACULTY

Medical Program Director
Daniel Moore, MD, FAAPMR, FAAEM
Professor Physical Medicine and Rehabilitation
Brody School of Medicine at ECU
Chairman of Physical Medicine and Rehabilitation
Pitt County Memorial Hospital

GUEST FACULTY

Evan David Allen, MD, MBA
Florida Hospital Neuroscience Institute
Florida State University College of Medicine

Chad Alligood, PharmD
Pitt County Memorial Hospital

Wanda Bennett, MS, OTRL
Pitt County Memorial Hospital

Jane Brice, MD, MPH
University of North Carolina, Chapel Hill

Cheri Lattimer, RN, BSN
Case Management Society of America
Little Rock, Arkansas

Vicki Mercer, PT, PhD
University of North Carolina, Chapel Hill

AGENDA

8:00 Registration

8:30 **Opening Remarks and Disclosures**

8:35 **Stroke Rehab Reimbursement Update**
Daniel Moore, MD, FAAPMR, FAAEM

9:15 **Transitions of Care: Communication and System Process Changes**
Cheri Lattimer, RN, BSN

10:15 **Bridging the Divide – EMS and Hospitals Working Together**
Jane Brice, MD, MPH

11:05 Break

11:20 **Concurrent Session I** (choose one)
A EMS Toolkit
Jane Brice, MD, MPH

or
B Post Emergency Medication Update for Ischemic Stroke
Chad Alligood, PharmD

12:10 Lunch

1:10 **Concurrent Session II** (choose one)
A Endovascular Treatments for Stroke
Robert F. James, MD

or
B Improving Stability and Reducing Risk of Falls after Stroke
Vicki Mercer, PT, PhD

2:00 Transition / Break

2:15 **Telemedicine in Neurological Emergencies**
Evan David Allen, MD, MBA

3:15 **Stroke Survivor Panel Discussion: Lessons to Share**
Facilitator Wanda Bennett, MS, OTRL

4:00 Adjourn

BRODY SCHOOL OF MEDICINE AT EAST CAROLINA UNIVERSITY FACULTY

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Professor Physical Medicine and Rehabilitation
Brody School of Medicine at ECU
Chairman of Physical Medicine and Rehabilitation
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Robert F. James, MD
Clinical Assistant Professor
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PLANNING COMMITTEE

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Marie Welch, MSN, RN
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Elynor Wilson, MPH
Eastern NC Heart Disease and Stroke Prevention Program

James Zambardino, MPT
University Home Health and Hospice Care

CREDIT

Nurses

This program is for 5.9 CNE contact hours. Eastern AHEC Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation. Attendance at the entire program is required for credit.

Physicians

ACCREDITATION: This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Brody School of Medicine at East Carolina University and Eastern AHEC Department of Nursing Education. The Brody School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT: The Brody School of Medicine designates this continuing medical education activity for a maximum of *6.0 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Pharmacists

North Carolina pharmacists can use *AMA PRA Category 1 Credits™* (Continuing Medical Education) to meet state licensing requirements.

Allied Health and Other Professionals

Application has been made to the Division of Continuing Studies, East Carolina University for 0.5 contact hours of continuing education credit.

Physical Therapy Continuing Competence: AHEC is an approved provider for the NC Board of Physical Therapy Examiners. Certificates reflecting 5.9 contact hours of education will be awarded at the completion of the program.

REGISTRATION INFORMATION

Pre-registration is required to assure space in this program. The fees for registrations are as follows:

	Before 4/23/10	After 4/23/10
MD and other Doctorates	\$100.00	\$115.00
Registered Nurses	\$75.00	\$90.00
Allied Health Professionals	\$75.00	\$90.00
Others	\$75.00	\$90.00

Registration fee includes supplies, breaks, lunch, and credit. No refunds can be given after April 23, 2010, but substitutions are welcome. Please return your registration form along with payment to Eastern AHEC. On-line registration is available at <http://eahec.ecu.edu>. For further information contact Eastern AHEC at 252-744-5211.



Individuals requesting accommodations under the Americans with Disabilities Act (ADA) should contact the Department for Disability Support Services at least 48 hours prior to the event at (252) 737-1016 (V or TTY).

